



Schweizerische Eidgenossenschaft
Confédération suisse
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Eidgenössisches Departement des Innern EDI
Bundesamt für Gesundheit BAG

Steering Committee on Transport, Health and Environment

Intersectoral cooperation for a physical activity- and encounter-friendly environment

Activities of the Federal Office of Public Health, Switzerland

Nicole Ruch, Geneva, 23/10/2023
Federal Office of Public Health

NCD Nationale Strategie Prävention
nichtübertragbarer Krankheiten
(NCD-Strategie) 2017–2024
www.bag.admin.ch/ncd



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NCD-Strategy 2017- 2024 and Health Strategy 2030

Stratégie nationale Prévention des maladies non transmissibles (stratégie MNT) 2017–2024



Un projet commun de



- Collaboration with other federal offices,
- Commitment to the development of a physical-activity
- and encounter friendly environment

Goal 7: Promoting health by a healthier environment



Activities

- Federal Coordination Sport, Physical Activity, Spatial development and Environment
 - Coordination of 4 ministries on structural physical activity promotion
 - Yearly conference [«Landscape moves Switzerland»](#)
- Federal coordination of active mobility
 - Roadmap bike
 - Coordination of activities of various players
 - Goal: strategic framework for common goals and measures



Programms to make cities greener and healthier



Model project Sustainable Spatial Development 2020-2024

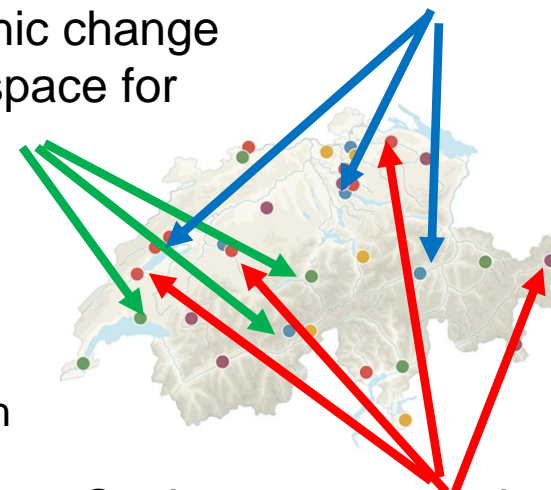
- 8 Ministries lead Federal Office for Spatial Development
- 31 projects, 2020 – 2024 (started 2002, 4th generation)

Coordination office for sustainable mobility

- 6 Ministries, lead Federal Office of Energy
- Twice a year: projects can apply
- To date: 110 projects supported



Demographic change
and living space for
tomorrow



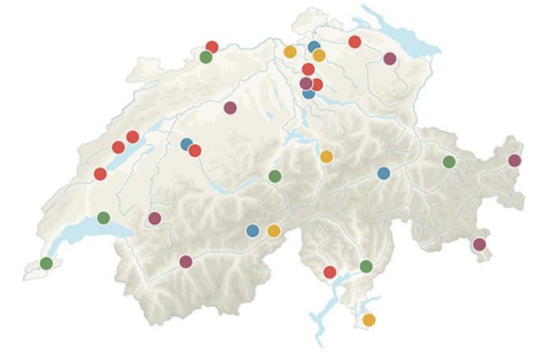
Landscape is
worth more

Settlements promoting
physical activity and
encounters



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Project «Exercise, encounter, enliven»

Situation before:



Assessment of needs



Building phase



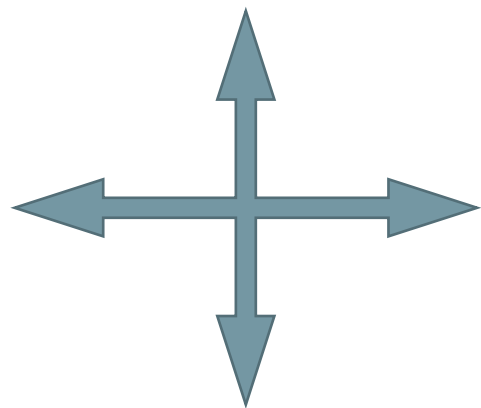
Situation after



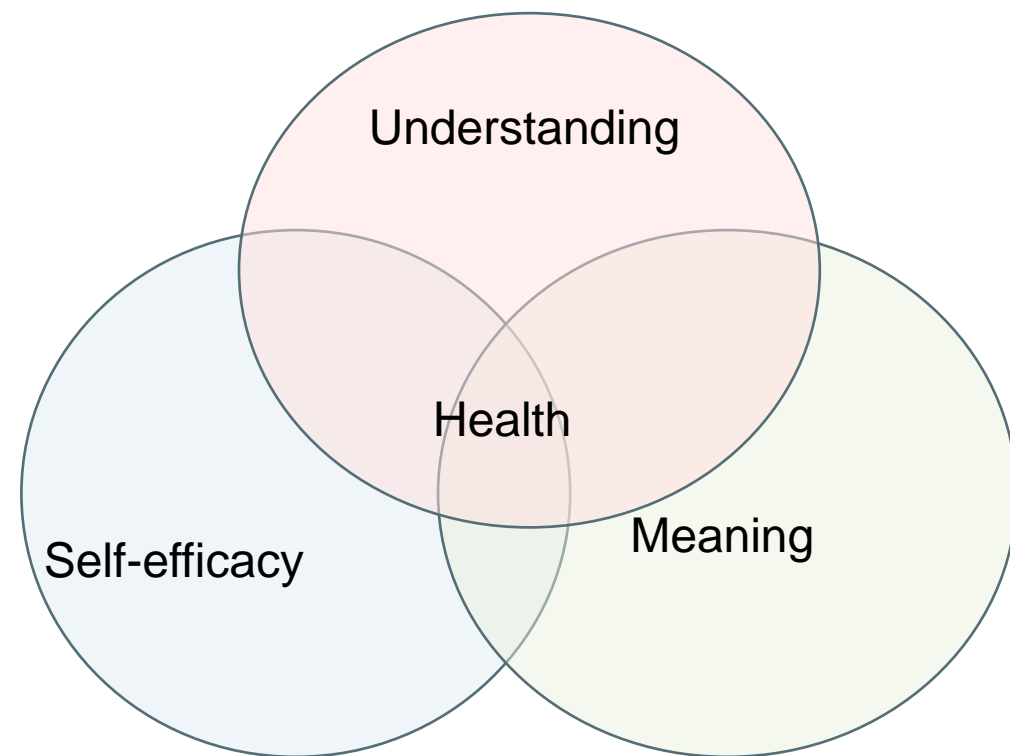


Success factors: multidisciplinary & participation

Federal offices,
cantons, communes,
people concerned



Interdisciplinary work:
spatial development,
environment, energy,
agriculture, roads,
sports, housing,
economics, health ...

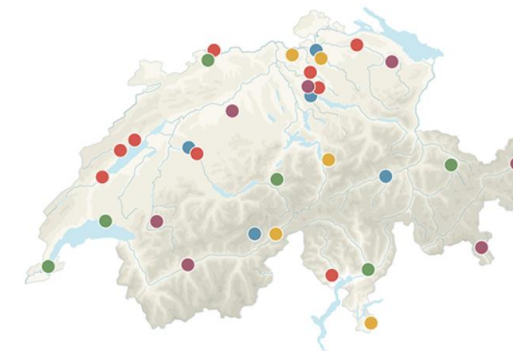


*Modell auf Basis von A. Antonowsky,
Salutogenese, Zur Entmystifizierung
der Gesundheit*



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Organisations involved in the project «Exercise, encounter, enliven»



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Bundesamt für Raumentwicklung ARE
Staatssekretariat für Wirtschaft SECO
Bundesamt für Umwelt BAFU
Bundesamt für Landwirtschaft BLW
Bundesamt für Wohnungswesen BWO
Bundesamt für Gesundheit BAG
Bundesamt für Strassen ASTRA
Bundesamt für Sport BASPO

Fotographer: Camille Decrey
Movie production: Noémie Guignard



Publications and Movies in French

- Movie: [Exercise, Enliven, Encounter neighbourhoods](https://www.youtube.com/watch?v=r-bdYUhlIvs) – <https://www.youtube.com/watch?v=r-bdYUhlIvs>
- [Environnement propice à l'activité physique en Suisse - good practice et facteurs de succès](#), Lamprecht&Stamm, 2018
- Journée WSL [paysages reposantes](#) 30 novembre 2021
- «[Allez, on bouge!](#)», édition Hochparterre et office fédéral de la santé publique
- Juin: Publication «développement territorial et santé» dans le [forum du développement territorial](#) de l'ARE
- Movie: [Diagnostic walks with elderly people](https://www.youtube.com/watch?v=hXUhqUlaTE0)- <https://www.youtube.com/watch?v=hXUhqUlaTE0>
- Conference MNT parties prenantes [un environnement sain pour des gens en bonne santé](#) 13-14 septembre 2022



Thank you for your attention! Questions?



**Se lever –
changer
de position**

